



Infant Safe Sleep Checklist

Bassinet, crib, or play yard that passes current safety standards.

Nothing in the sleep space aside from pacifier and fitted sheet. (no wubbanub or pacifier clips)

Nothing attached to the slats of the sleep space or heavy items above that can fall in.

Curtains, cords, or similar items should be well away from the sleep space.

No hats, jewelry, hair items, hoods, or items with drawstrings for sleep.

Feel chest or back to ensure not too warm or cold. Hands and feet are NOT good indicators.

Do not incline sleep space nor use wedge or similar item.

Once baby is 8 weeks old or they show signs of trying to roll, ensure arms are free to move and reposition.

Fully read and abide by product manuals. They will tell you when to stop using items.

Place baby on their back for every sleep up to 12 months even if they can roll.



For More Information Visit
www.safeinfantsleep.org

